

# PRINCIPLES OF A SAFER SPACE

*All events and activities under the Finnish Athletics Federation adhere to the principles of a safer space. By committing to these principles, we promote a respectful atmosphere, equality, and equity in all activities related to athletics.*

- **Respect Everyone.** Treat others with respect, give everyone the space to be themselves, and appreciate diversity. Listen and understand. Be present and listen to others' experiences without judgment. Allow space for processing emotions.
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- **Do Not Assume.** Approach others and situations without prejudice.
- **Communicate positively and clearly.** Discuss in an understandable manner and respect others' opinions.
- **Encourage and support others' success.**
- **Support Participation.** Provide opportunities for active participation according to the nature of the activity or event.
- **Address Inappropriate Behavior.** Report any observed or experienced inappropriate behavior to the designated harassment contact person, employee, or anonymously through the sports community's [Whistleblowing-channel](#).
- **Respect Privacy in Media.** When taking and publishing videos or photos on social media or elsewhere, respect good manners and especially consider the privacy of children. In all events, taking and publishing photos is not automatically allowed without permission.