

Danish Athletics

Athletics pathway and dropouts



DANISH ATHLETICS

Athletics pathway and dropouts

Numbers:

Clubs: ~ 300

Members: 35.000

Athletics: 7.000

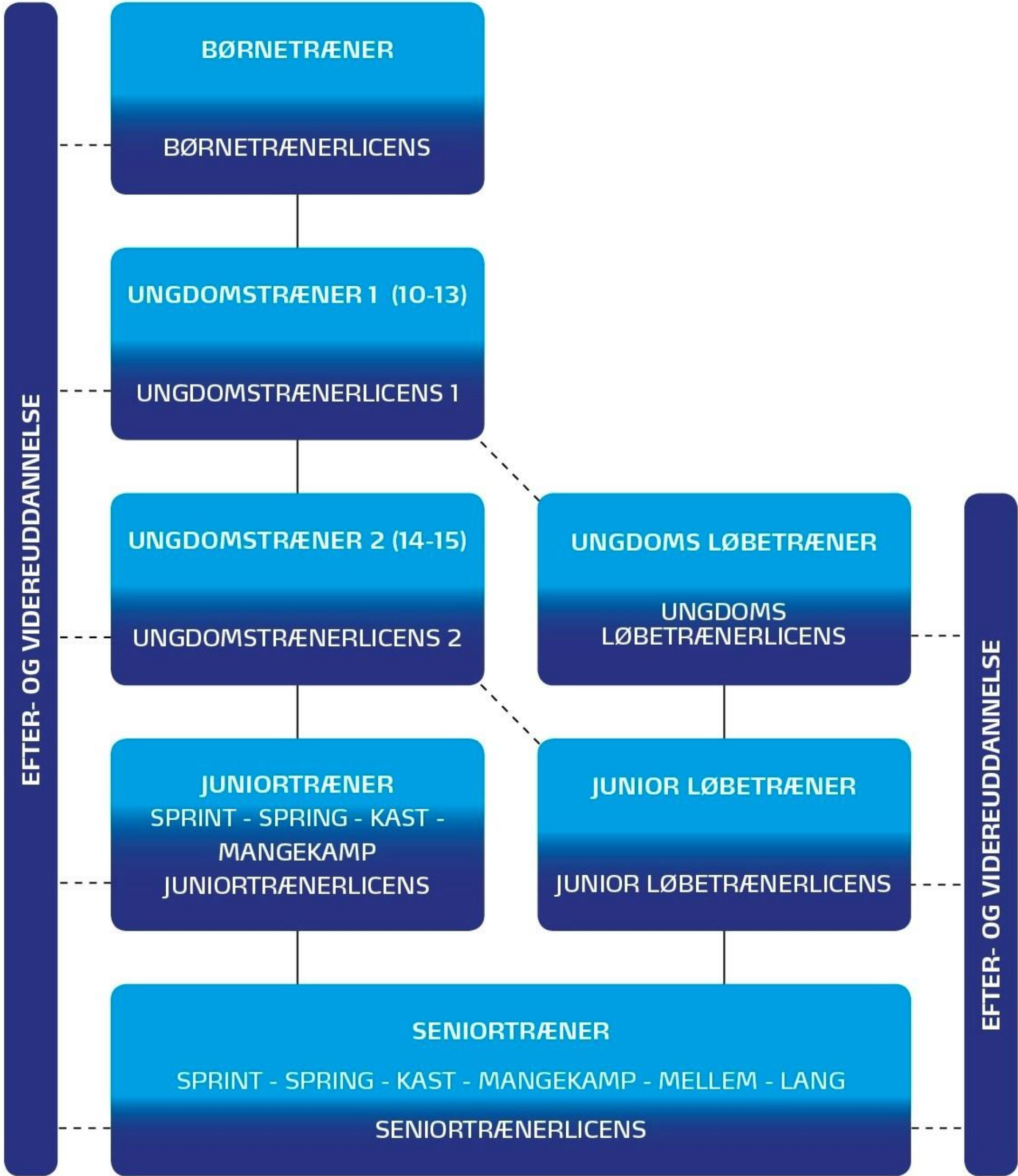


DANMARK

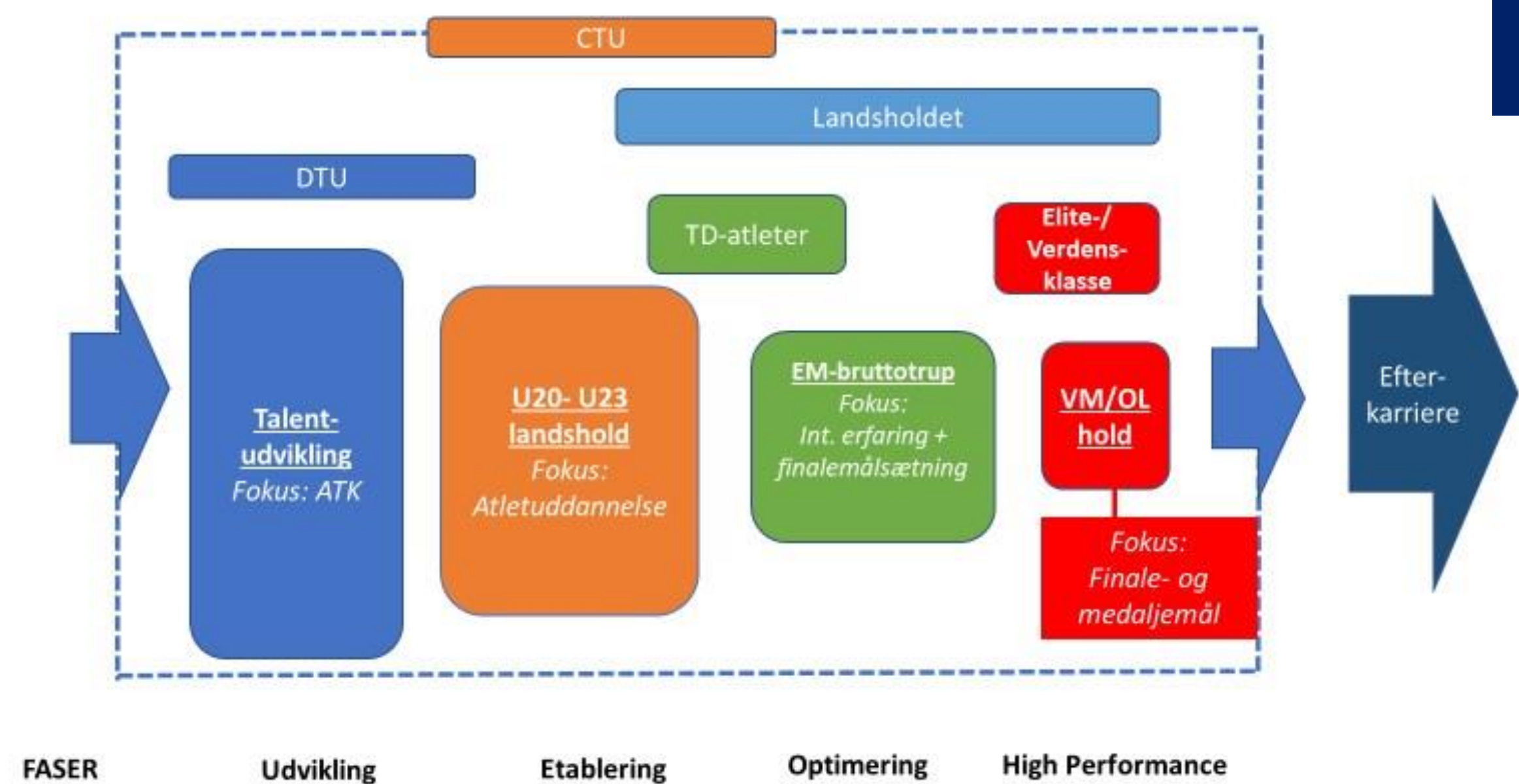
LONG TERM ATHLETE DEVELOPMENT – COACH EDUCATION



Dansk Atletik Forbund Licenstræneruddannelse

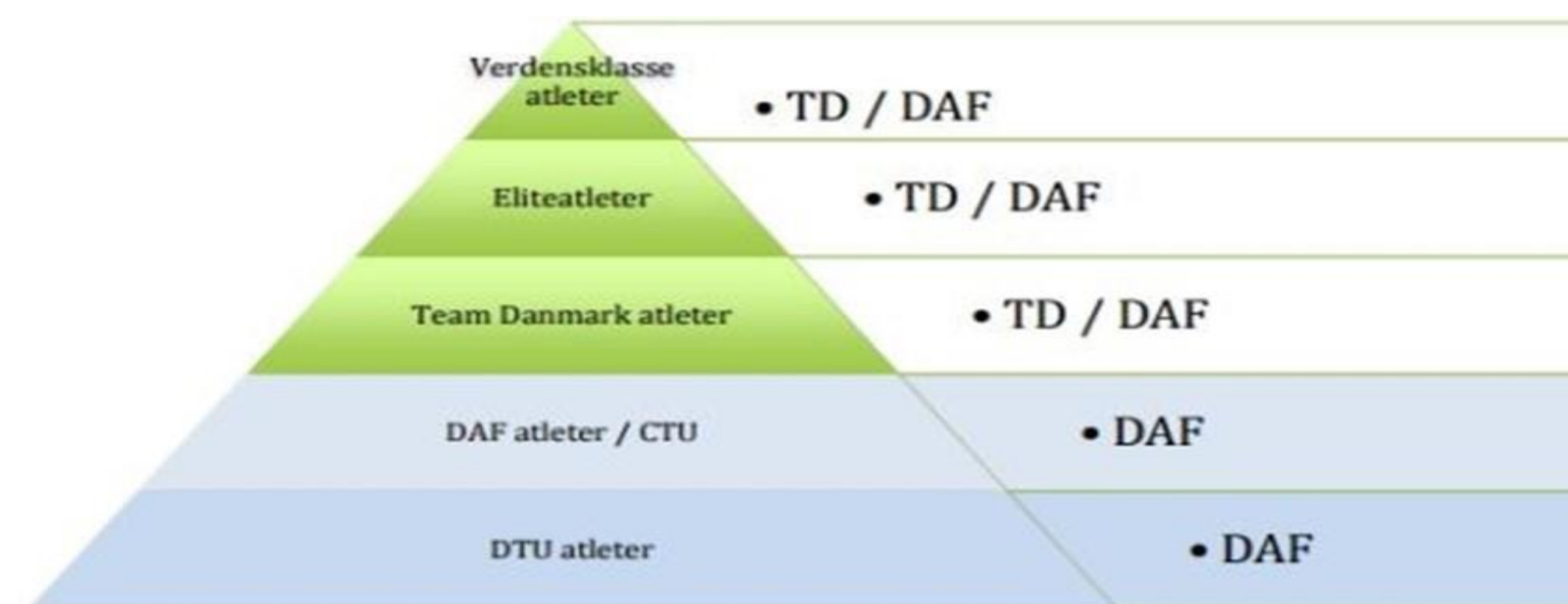


ATHLETICS PATHWAY (Pre 2021)



Characteristics

- High level of Expertise
- Individualistic / athlete centered approach
- Low Federation involvement in talent development



Problems:

- How to identify athletes?
- Inefficient use of resources
- High drop-up rate

Gruppe	Optagelseskriterier
Verdensklasse	Top 8 VM/OL indenfor de seneste år. Atleter i denne kategori godkendes udelukkende af Team Danmark.
Elite	Forventet Top 8 VM/OL/EM indenfor de kommende fire år og særlige talenter de kommende otte år. Denne kategori godkendes udelukkende af Team Danmark.
Team Danmark	Subjektiv vurdering af udøvere, der som har potentiale til kvalificere sig til VM/EM i kommende to år og kan bekræfte potential for at blive elite eller verdensklasse. Denne kategori godkendes udelukkende af Team Danmark.
DAF atleter / CTU	DAF's CTU resultatkrav eller subjektiv vurdering af udøvere, der som har potentiale til kvalificere sig til landshold i kommende år. Denne kategori godkendes udelukkende af Elitestab.
DTU atleter	DAF's rangliste eller subjektiv vurdering af udøvere, der kan bidrag til udvikling af de grupper discipliner. Denne kategori godkendes udelukkende af Elitestab.

HIGH PERFORMANCE PROGRAM

- Long term athlete development program
 - Based on Team Denmark recommendations (Danish adaptation of Canadas LTAD model)
 - Adapted to Athletics
- Change of strategy from a results-based system towards a development program
- Less emphasis on performance
- Sport/life balance – introduced in national team philosophy

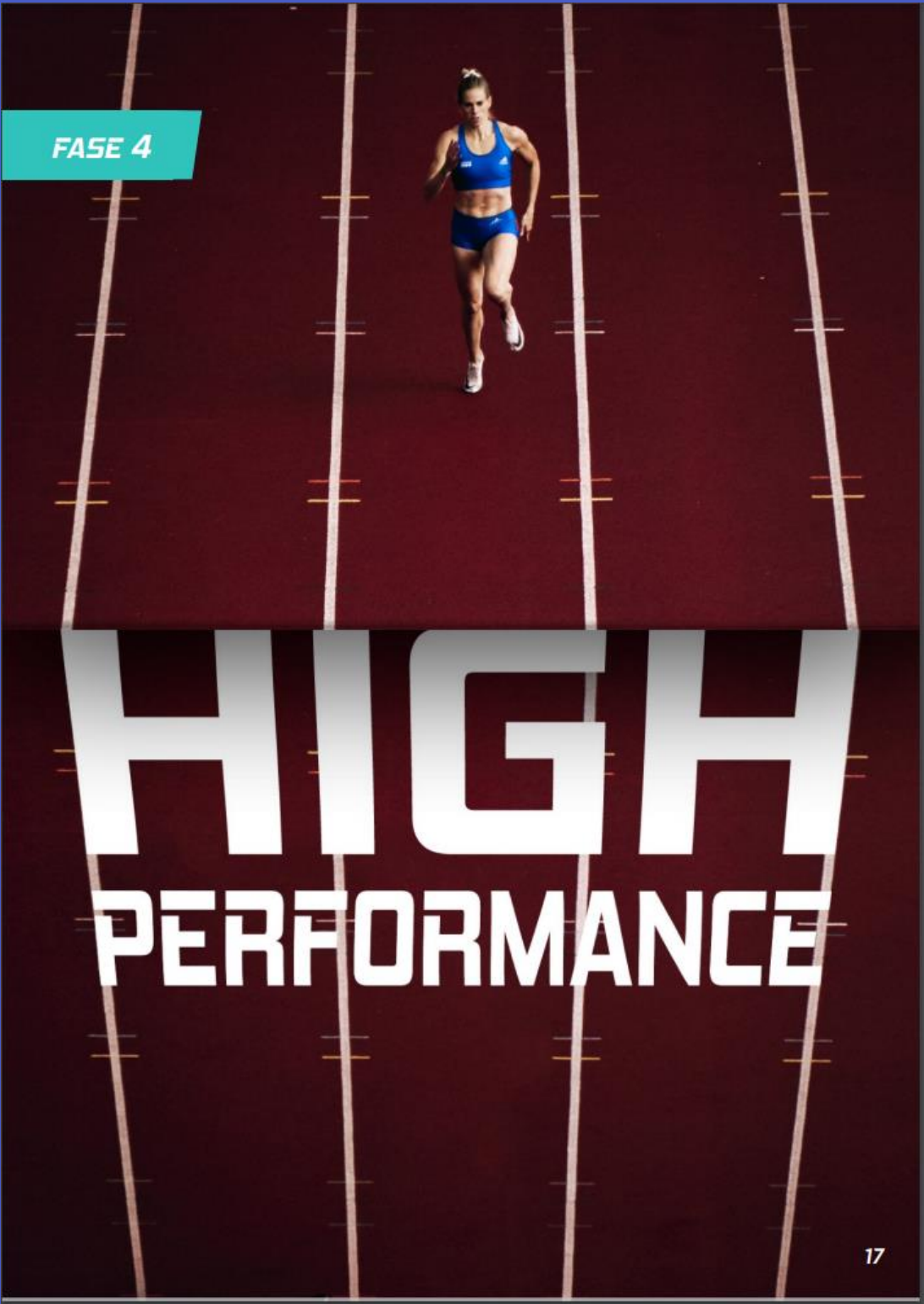


HIGH PERFORMANCE PROGRAM 2021-2028

Age 18-20



Age 21-23



Age 24+

Age 15-17



DEVELOPMENT

- 15-17 years
- Primarily in local club training groups
- Basic physical and technical training
- Starting to specialize for an event
- Introduction to elite/talent programs at municipality level
- Develop life skills – sport/life balance
- Start of High School
- High risk of drop out



ESTABLISHMENT



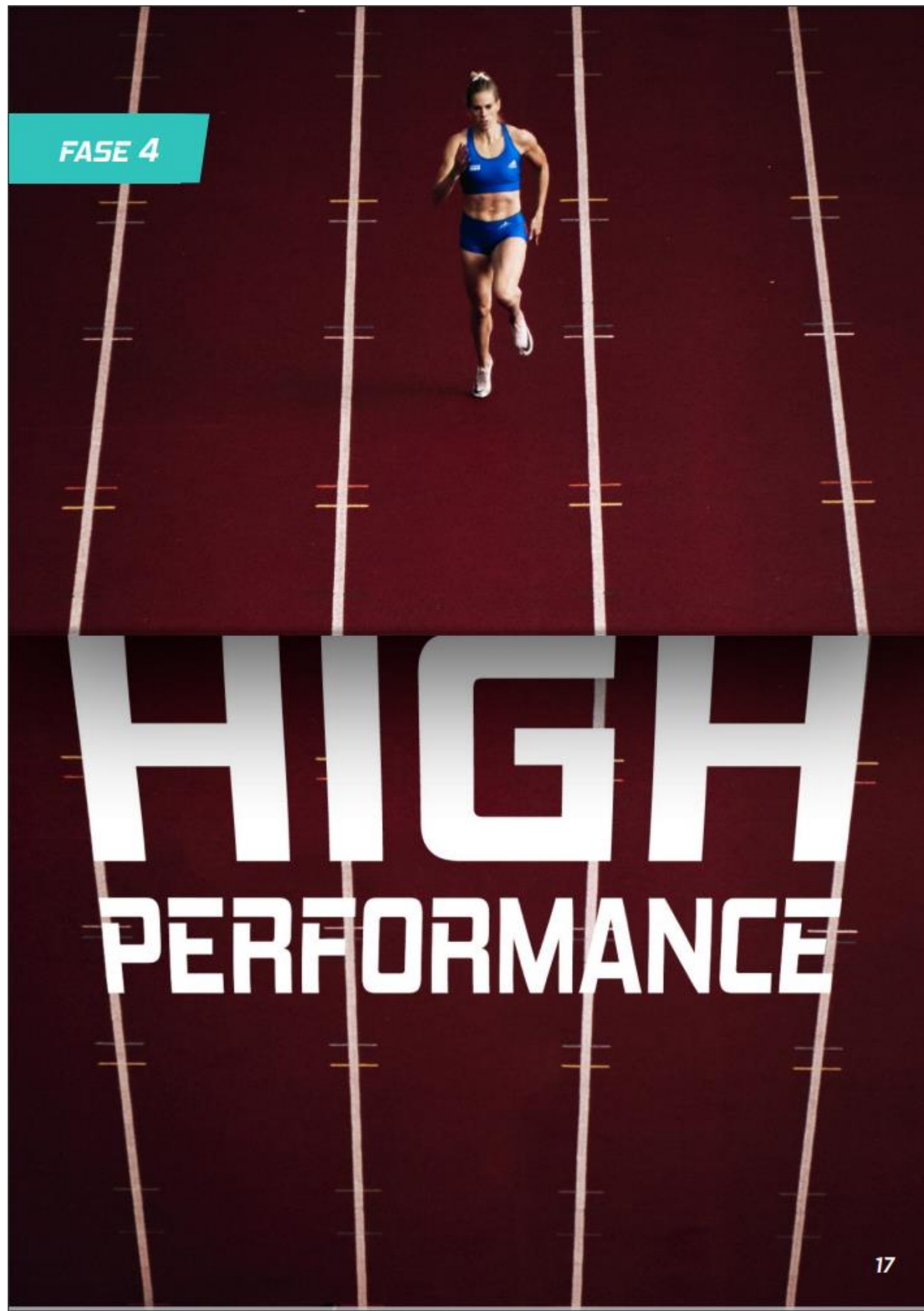
- Introduced to more specific and individually based training
- Starting to compete at international meets and championships
- Attending federation level elite/talent activities
- End of high school / sabbatical year / start of university
- High risk of drop out

OPTIMIZATION PHASE

- Individual supervised training / mainly in club-based training groups
- Competing at international meets and championships
- Collaborating with national team coach
- Start of university
- Less prone to dropouts



HIGH PERFORMANCE



- Individual supervised training / in club-based training groups
- Competing at international meets and championships
- Coached by or collaborating with national team coach
- Typically, university students
- Less prone to dropouts
- General perception: A successful program

A photograph of a hurdle race in progress. A runner is in mid-air, clearing a hurdle. Other runners are visible in the foreground, their legs and feet in motion. The track is a reddish-brown cinder track with white lane markings. The hurdles are black with white tops. The scene is captured in a dynamic, slightly blurred style, emphasizing the speed of the race.

BUT!!!

The truth is - Our system is expensive and highly dependent on club-based training groups with no or little federation involvement

CHANGE OF FEDERATION FOCUS

- The federation must take more responsibility for development of athletes / training groups
- Identification of most skilled coaches / officials – both federation and club level
- Tasking national team coaching to emphasize more on building a concept -> less emphasis on individual projects

Aim

- More effective use of resources
- Targeting more athletes
- Less prone to misidentification of talents
- Team Cohesion



ENTRY INTO ATHLETICS

- Club programs
- Recruiting programs
- School programs
- Are we delivering an attractive product?
- Are we relevant?

Numbers:

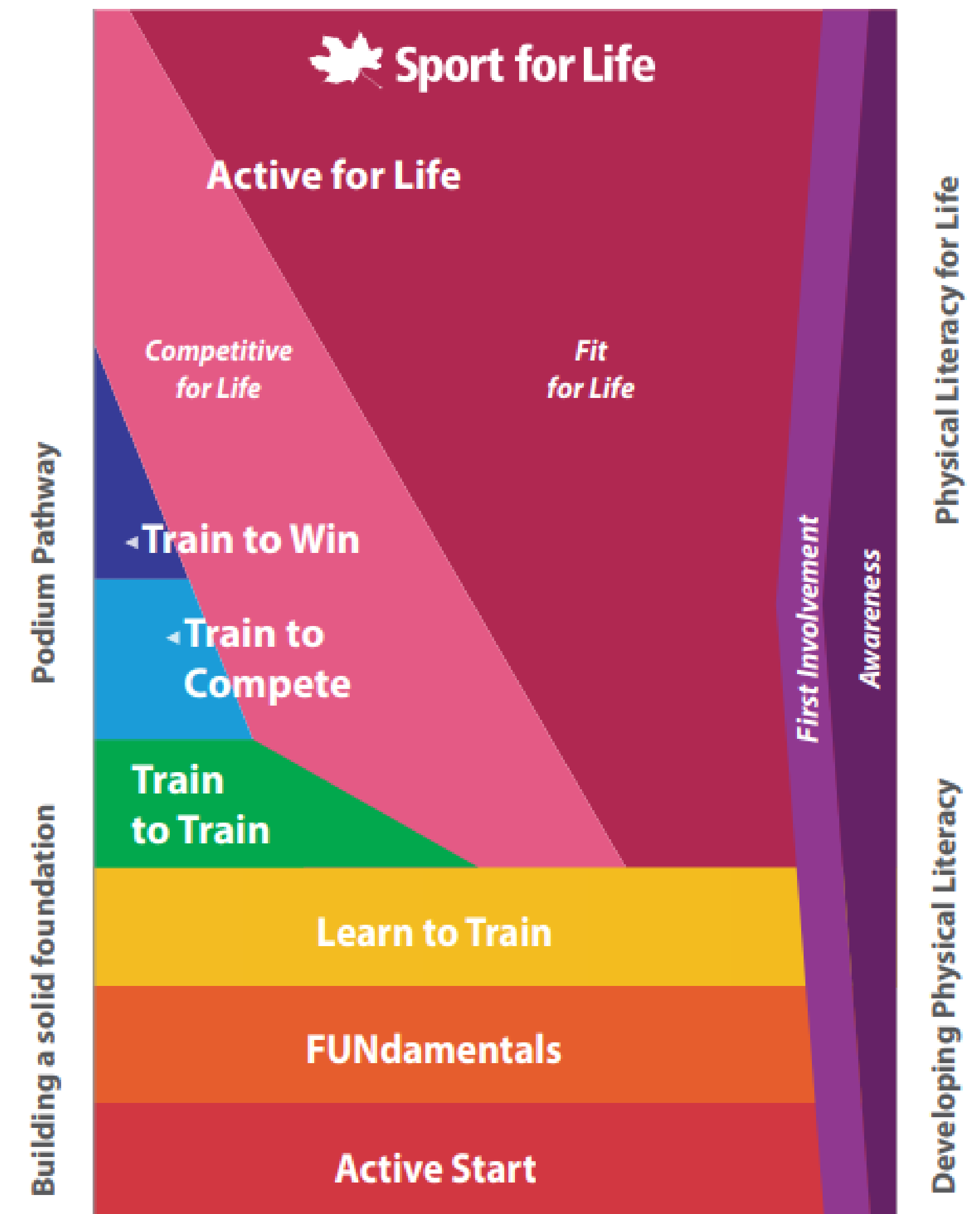
- 400-500 events
- ~ 35.000 kids
(4th-7th grade)



CURRENT / FUTURE FOCUS

Why Athletics?

- Why do kids do athletics?
- Why do youth athletes want to continue practicing athletics?
- Why do adult athletes want to continue competing or practicing athletics?
- Role and task of the Federation?
- Role and task of our clubs?
- Review of Competition formats
- Review of Coaching education
- Introduction of new programs targeting more youth athletes





Thank you